A play to be performed in isolation

By Andrea Ang and Sarah McEneaney (Square One Collective)

For 1 or More

Durational play (~15 minutes)

Props- Paper- 3 pieces or a notebook, pen/pencil, phone/ device
Setting- living room- Couch/chair and window. Bedrooms are also fine, replace the couch with a bed.

Open the window.

Sit on the couch and try to think of nothing for one minute

After a minute, or if you cannot think of nothing speak aloud the first thing that comes to mind

Take a piece of paper and write it down and continue to write, keep writing for 3 minutes. Don't stop to think, just write.

Fold the paper in half. Set it down.

Face the window, close your eyes.

Take in your environment: sounds, temperature, tastes. Do this for 2 minutes.

Open your eyes, take another piece of paper and write down what you heard, felt, tasted.

Stare out the window. Think about spring.

Get up and walk to the window. Keep thinking about spring. Put your palm on the window and gaze out like a lady in a melodrama.

Think of the last song you listened to. Sing a little bit of it out loud. Can be loud or quiet.

Get your device and actually play the song you were singing. Still keep gazing out the window.

Why did you choose to listen to this song?

Is it comforting to you?

Does it make you happy?

Can you dance to it?
Do you want to dance to it?

You should dance to it.

Dance. Now.

Don't be shy, no one can see you. Move away from the window if you are embarrassed.

(After two minutes) Stop the song.

What did you think of when you were dancing?
Sit back down on the couch. Get your second paper. Write down one word to describe it.

Think of someone- the first person that comes to mind.
Take your last paper and write a short letter to that person. (45 seconds)

Take all your papers to the window. Make sure your window is still open.

Read all your writing aloud out the window. Save your letter for last. (1 minute)

When you're done, keep looking out the window.

(after 30 seconds) Let out any sound you want.

End Scene.